

Use the Law of Attraction

What you radiate outward in your thoughts, feelings, mental pictures and words, you attract into your life.

— Catherine Ponder —

- What you think about, talk about, believe strongly about, and feel intensely about, you will bring about.

STEP #1: Ask for what you want, not for what you don't want.

- Great thinkers know the power that our thoughts have over our lives!
- The Law of Attraction relies on the fact that everything is in a constant state of vibration.

- Be deliberate in what you think about and allow yourself to feel
- Talk about what you do want
- Replace negative images and thoughts with positive ones



The world as we have created it is a process of our thinking.

It cannot be changed without changing our thinking.

-Albert Einstein



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STEP #2: Believe that you will get what you want, then take action.

- Maintain a positive expectancy, going about your day with certainty, knowing that you've put your future in the hands of powers that are greater than yours.

"A grateful mind is a great mind which eventually attracts to itself great things."

~Plato



STEP #3: Receive what you want by becoming a vibrational match for it

- Use affirmations to create a vibrational match.
- An affirmation is a statement of your goal or desire, now realized in present time.
- Create a vibrational match through appreciation and gratitude